

**Duration:** 6 days

**Category:** trekking

**Best season:** June– August

**Group size:** any

**Requirements:** trekking boots, weatherproof warm clothes, fur-cap, and protective things for sun.

**Included service:** including services in the program (driving, guide, porter for bags in trek, food and accommodation, entrance tickets for requisite)

**Excluded service:** out of program (air ticket, personal expenses)

**Route:**

<b>Days</b>	<b>Travelling route</b>	<b>Services</b>
<b>Day1</b>	<b>Arrival in Bishkek.</b> Meet at the airport Manas, short excursion on city Flight to Osh with evening flight Transfer to a hotel or guest house.	Food at café Night in hotel Transport Guide
<b>Day2</b>	<b>Start from Osh to Sary Mogol</b> Departure from Osh in the morning on the way visit to the lake <u>Kolduk</u> , walk around the lakes take a photo shoot, lunch on the shore of the lake then continue the diving to Sary Mogol, stay in the guest house. <b>PLEASURE PLACE:</b> One of the beautiful mountain lakes in Alay is called Kolduk it is located on the eastern side of the village of Kolduk, approximate distance 5km from the village by car 20 minutes driving and on foot for 1 hour you can walk. In the lake there are fish, basically exist carp and trout. Pair cliffs like background with sticking plant and fir-trees at the mountains reveals a wonderful phenomenon and reflects unusual form in view the lake.	Dinner and B&B in guesthouse Transport Guide
<b>Day3</b>	<b>Sary Mogol-Tulpar kol</b> <b>(1 hour driving; 4-6h walking)</b> Morning at 9 am. Start from Sary Mogol by car to Tulpar Kol Lake then walking for excellent views of Peak Lenin and the climbers' base camp on the opposite side of the Achyk Tash River, as possible as going until base camp then go behind by same path to the yurts.	Lunch on the route Dinner and B&B in the yurt Transport Guide
<b>Day4</b>	<b>Tulpar Kol lake-Tuyuk canyon (4-6h walking)</b> After breakfast, hike over Seki jailoo through Tuiuk Canyon to view Peak Estonia (6,202m), Sovietskaya Latvia Peak (5,554m), after lunch ascend hiking until the good view point of glacier in the head of Tuyuk canyon, then backward by same trail to yurt stay	Lunch on route Dinner and B&B in the yurt Guide
<b>Day5</b>	<b>Tuyuk yurt to Bouke yurt stay (4-6h walking)</b> After breakfast, continue the walking along the eastern side where you can see a panoramic view of the real natural pasture place in the Alai Valley, stay in yurt	Lunch,dinner and B&B in yurt Guide
<b>Day6</b>	<b>Transfer to Osh (245km 4 hours)</b>	Transport