

Duration: 8-9 days

Category: Trekking (Kyrgyzstan)

Best season: June– August

Group size: any

Requirements: trekking boots, weatherproof warm clothes, fur-cap, and protective things for sun.

Included service: including services in the program (driving, guide, porter for bags in trek, food and accommodation, entrance tickets for requisite)

Excluded service: out of program (air ticket, other options, personal expenses)

Days	<u>Travelling through Kichik Alay</u> <u>(through Besh-Kol lake to Tulpar Kol lake)</u>	Our services
Day 1	Osh city –Kyzyl-Shoro village (3.5hours driving) Visiting Sulaiman Too historical national archeological museum complex -Visiting Bazaar (market) in Osh. -Lunch. - After Lunch transfer to Kyzyl Shoro village	Lunch in Osh Dinner, B&B in house Transport Guide
Day 2	From Kyzyl-Shoro - Camping place (5-6 h walking) We leave from the Kyzyl-Shoro along the way we pass an aul called small Sary-Mogol, then we continue on southern side until the place for tents before the Sary-Mogol pass.	Lunch on the route Dinner and B&B in tents Guide
Day 3	Cross the Sary-Mogol's pass (4280m) Steep pass In fact the distance is not long, but the pass takes time. The pass is located at 4280m. The view from the top of pass is very beautiful. You will see small lakes (Besh Kol) down the pass. As possible as moving down up to campsite. Overnight in tent	Lunch on the route Dinner and B&B in tents Guide
Day 4	Walking to Kara-kabak campsite (5-6h walking) From the place we begin our trek on the western part. We pass several foothills along Chong-Alay ranges. Basically High mountain meadows located above the subalpine mountains. And alpine plants are similar to each other. This is due to their adaptation to similar habitats: a short vegetation period, rapid changes of temperature cold, humidity and dryness. Our overnight is in tent	Lunch on the route Dinner and B&B in tents Guide
Day 5	Karakabak-Kosh Kol lake (6-7h) In the continuation of our trip we pass to Lake Kosh-Kol along the foothills. Basically, this region occupies a desert in both; in valleys and in the foothills (3000-4000 m above sea level). This is facilitated by a dry continental climate, the presence of stony-gravel spaces, and salinity of soils. Mainly there are cryophilic and halophytic shrubs and semi shrubs, ephemera. Of the above ecological groups of plants in the deserts, ephemerals predominate. This gives a special views as a pyramid over the mountains and panoramic views of the Alai Valley	lunch en route Dinner, B&B in tent Guide
Day 6	Walking around the Kosh kol lakes (Each resting on his own) Kosh kol lake is one of the most high-mountainous lakes which is	lunch en route Dinner, B&B in tent (same place)

	<p>located at 4120m a.s.l at first entrance one smaller and over there two larger lakes are located. Here we will have one day of resting for more explore the lakes</p>	Guide
Day 7	<p style="text-align: center;">Across the Damjailoo to Tulpar-Kol (4hwalk; 2hour drive)</p> <p>We go down for several hours along the Damjailoo pasture where the beginning of the jeep road further driving to Tulpar Kol.</p>	<p>Lunch on the route dinner B&B in Guesthouse in Tulpar Kol guide transport</p>
Day 8	<p style="text-align: center;">Walking from Tulpar Kol to traveler's pass (2 h drive; 4-5h walking))</p> <p>After breakfast, at 9 o'clock in the morning, start walking along the base camp and further walking to the travelers' pass (4150 m) if possible, lunch on top, enjoy the panorama of the passage, then return along the same path to the yurts.</p>	<p>Lunch on the route Dinner and B&B in yurt Guide</p>
Day9	<p style="text-align: center;">Transfer to Osh (245km; 4h driving)</p>	Transport