

**Duration:** 9 days

**Category:** Trek and Jeep tour (Kyrgyzstan)

**Best season:** June– August

**Group size:** any

**Requirements:** trekking boots, weatherproof warm clothes, fur-cap, and protective things for sun.

**Included service:** including services in the program (driving, guide, porter for bags in trek, food and accommodation, entrance tickets for requisite)

**Excluded service:** out of program (air ticket, other options, personal expenses)

**Route:**

<b>Days</b>	<b>Travelling routes</b>	<b>Our services</b>
<b>Day1</b>	<b>Bishkek-Osh (45min flight)</b>	Accommodation with food in Osh
<b>Day2</b>	<b>Osh-Sary Mogol (240km; 4-5h)</b> Departure from Osh in the morning on the way visit to the lake <u>Kolduk</u> , walk around the lakes take a photo shoot, lunch on the shore of the lake then continue the diving to Sary Mogol, stay in the guest house. <b>PLEASURE PLACE:</b> One of the beautiful mountain lakes in Alay is called Kolduk. It is located on the eastern side of the village of Kolduk, approximate distance 5km from the village by car 20 minutes driving and on foot for 1 hour you can walk. In the lake there are fish, basically exist carp and trout. Pair cliffs like background with sticking plant and fir-trees at the mountains reveals a wonderful phenomenon and reflects unusual form in view the lake.	Lunch near the lake Dinner and B&B in Sary Mogol  Transport Guide
<b>Day3</b>	<b>Sary Mogol-Tulpar Kol (25km1h driving, 5-6h walking)</b> Total time: 6-7hours Walking distance: 10+10 km Driving distance: 25km Max Elevation: 4,140 m Min Elevation: 2980m Overnight at 3500m  At 9 am we drive to Tulpar kol lake, leave heavy things in yurts, then walk through the base camp of climbers, onward we attempt climbing over the panoramic peak (travelers' pass 4150m) after lunch return to the yurt along the same path	Lunch on the way Dinner and B&B in yurt  Transport Guide
<b>Day4</b>	Total time: 3-4hours Walking distance: 6 km Max Elevation: 3500m Min Elevation: 3400m Overnight at 3400 m  <b>Tulpar Kol lake-Tuyuk canyon</b> After breakfast, hike (can be horse riding) over Seki jailoo through Tuiuk Canyon to view Peak Estonia (6,202m), Sovietskaya Latvia Peak (5,554m), after lunch. Transfer to Osh (220km 4h)	Lunch in yurt Dinner and B&B in hotel  Guide
<b>Day5</b>	<b>Osh through Ozgon-Arslanbab (174km 4-5h)</b> First visit starts from Ozgon historical town after set off from Osh. The particular location of Ozgon (Uzgen) is the Uzgen minaret, the height is about 27.5 m, was built at the beginning of the 12th century, when the city was the capital of the Karakhanid (Turkic dynasty that reigned in 840-1212) state and resembled the famous Buran tower.	Lunch on the route Dinner and B&B in guesthouse Transport Guide

	Preferably short visit on interesting bazaar with Uzbek domination. then follow the road Jalal-Abad and Bazar Korgon to Arslanbap	
<b>Day6</b>	<p style="text-align: center;"><b>Walk around Arslanbap</b></p> <p>Walk to the small waterfall its height is 23 meters Opposite the waterfall is a small cave, known as the Cave of the Forty Angels. if we have time, we continue to a larger waterfall</p>	<p>Lunch on the route Dinner and B&amp;B in guesthouse</p> <p>Transport Guide</p>
<b>Day7</b>	<p style="text-align: center;"><b>Arslanbab-Sary Chelek (225 6h 30min)</b></p> <p>Today we will drive till small village Arkit (entrance village to the lake) It is the headquarters of the Sary-Chelek biosphere reserve. stay in guesthouse</p>	<p>Lunch on the route Dinner and B&amp;B in guesthouse</p> <p>Transport Guide</p>
<b>Day8</b>	<p style="text-align: center;"><b>Sary Chelek-Toktogul (237km 6h)</b> <b>After breakfast, drive to itself of the lake</b></p> <p>The lake and the surrounding biosphere reserve of Sary-Chelek is one of the most beautiful sights of Kyrgyzstan. The habitat for 1,000 different plants and rare mammals, such as the bear and lynx, Sary-Chelek - is an excellent place for hiking Sary-Chelek natural reserve is located in Jalal-Abad region in the west of Kyrgyzstan. The reserve was established in 1959, and in 1978 was recognized by UNESCO as the World Biosphere Reserve. The reserve is located at an altitude of 1200 to 4250 meters above sea level</p>	<p>Lunch on the route Dinner and B&amp;B in guesthouse</p> <p>Transport Guide</p>
<b>Day9</b>	<p style="text-align: center;"><b>Toktogul –Bishkek (305km 8h)</b></p> <p>Transfer from Toktogul to Bishkek through Suusamyр valley</p>	<p>Lunch in Suusamyр Dinner and B&amp;B in Bishkek</p> <p>Transport Guide</p>